Best Books and Study Materials Recommended by AFCAT Coaching Experts in Kerala

The Ultimate AFCAT Preparation Resource Guide for Defence Aspirants

Preparing for the Air Force Common Admission Test (AFCAT) requires more than determination and hard work. Success in the examination depends largely on choosing the right books, study materials, and preparation strategy. With thousands of candidates competing for a limited number of vacancies in the Indian Air Force, selecting reliable resources can make a significant difference in your performance.

Many successful candidates who enrolled in the **best AFCAT coaching in Kerala** often credit their success to a combination of expert guidance, systematic preparation, and the use of quality study materials. While there are numerous books available in the market, not all are equally useful for AFCAT preparation.

This comprehensive guide covers the best books, study materials, current affairs resources, mock test platforms, and preparation materials recommended by AFCAT coaching experts in Kerala.

Why Choosing the Right AFCAT Study Material Matters

One of the biggest mistakes made by AFCAT aspirants is collecting too many books and resources.

This often leads to:

- Information overload
- Lack of revision
- Confusion regarding concepts
- Wasted preparation time

Experienced mentors from the **best AFCAT coaching in Kerala** recommend using a limited number of high-quality resources and revising them multiple times instead of studying from numerous books.

Understanding the AFCAT Examination Structure

Before selecting books, candidates should understand the AFCAT syllabus.

The AFCAT Written Examination consists of four major sections:

General Awareness

- History
- Geography
- Indian Polity
- Economics
- Defence Affairs
- Current Affairs
- Science

Verbal Ability in English

- Grammar
- Vocabulary
- Reading Comprehension
- Sentence Completion
- Error Detection

Numerical Ability

- Arithmetic
- Percentage
- Profit and Loss
- Ratio and Proportion
- Time and Work
- Average
- Algebra

Reasoning and Military Aptitude

- Verbal Reasoning
- Non-Verbal Reasoning
- Analytical Ability
- Spatial Ability

Each section requires specific preparation resources.

Best AFCAT Books for Complete Preparation

1. AFCAT Guide by Arihant Publications

Why Experts Recommend It

This is one of the most popular AFCAT preparation books among defence aspirants.

Key Features

- Complete syllabus coverage

Victor Growth

- Topic-wise explanations
- Practice questions
- Previous year papers
- Mock tests

Suitable For

- Beginners
- Intermediate-level aspirants
- Self-study candidates

---

2. AFCAT Exam Guide by R. Gupta

Benefits

- Detailed theory sections
- Chapter-wise practice questions
- AFCAT-specific approach
- Exam-oriented content

Why Coaching Experts Recommend It

It provides a balanced combination of conceptual learning and practice.

---

3. AFCAT Solved Papers Book

Previous year papers remain one of the most valuable resources for AFCAT preparation.

Advantages

- Understand exam trends
- Learn question patterns
- Identify important topics
- Improve confidence

Experts recommend solving at least the previous 5–10 years’ AFCAT papers.

Best Books for English Preparation

English is one of the highest-scoring sections in AFCAT.

Candidates seeking admission to the **best AFCAT coaching in Kerala** are often advised to strengthen their English skills using the following books.

---

1. Objective General English by S.P. Bakshi

Topics Covered

Victor Growth

- Grammar
- Vocabulary
- Sentence Improvement
- Error Detection
- Reading Comprehension

Benefits

- Comprehensive coverage
- AFCAT-relevant practice questions
- Easy-to-understand explanations

---

2. Word Power Made Easy by Norman Lewis

Why It Is Recommended

Vocabulary plays an important role in AFCAT.

This book helps candidates:

- Build vocabulary systematically
- Improve comprehension skills
- Learn word roots and usage

---

3. High School English Grammar and Composition by Wren & Martin

Ideal For

- Grammar fundamentals
- Sentence structure
- Error correction
- Language accuracy

This remains one of the most trusted grammar books in India.

Best Books for General Awareness

General Awareness can significantly boost AFCAT scores when prepared correctly.

---

1. Lucent’s General Knowledge

Why Experts Recommend It

This book provides concise coverage of:

- History
- Geography

Victor Growth

- Polity
- Economy
- Science
- Static GK

Benefits

- Easy revision
- Comprehensive content
- Widely used by defence aspirants

---

2. Manorama Yearbook

Particularly useful for AFCAT aspirants from Kerala.

Topics Covered

- National Affairs
- International Affairs
- Science and Technology
- Sports
- Awards
- Defence Updates

---

3. NCERT Books (Class 6–10)

Experts recommend NCERT books for building a strong foundation in:

- History
- Geography
- Science
- Civics

These books simplify complex concepts and improve understanding.

Best Current Affairs Resources

Current Affairs preparation is crucial for AFCAT success.

Experts from the **best AFCAT coaching in Kerala** recommend the following resources.

Newspapers

The Hindu

Useful for:

- National Issues

Victor Growth

- International Relations
- Defence Developments

Indian Express

Excellent for:

- Editorial Analysis
- Current Affairs
- Government Policies

Monthly Current Affairs Magazines

- Defence-focused current affairs magazines
- Competition-oriented monthly digests
- Coaching institute current affairs compilations

Government Sources

Follow updates from:

- Ministry of Defence
- Indian Air Force
- PIB (Press Information Bureau)

These sources provide authentic information regarding defence-related developments.

Best Books for Numerical Ability

Many AFCAT candidates lose marks due to weak quantitative aptitude skills.

The following books are highly recommended.

Quantitative Aptitude by R.S. Aggarwal

Topics Covered

- Arithmetic
- Algebra
- Percentages
- Time and Work
- Profit and Loss

Benefits

- Large question bank
- Step-by-step solutions
- Suitable for AFCAT preparation

Victor Growth

Fast Track Objective Arithmetic by Rajesh Verma

Advantages

- Shortcut methods
- Speed improvement techniques
- Competitive exam-focused content

Ideal for improving calculation speed.

Best Books for Reasoning and Military Aptitude

Reasoning is one of the most scoring sections in AFCAT.

A Modern Approach to Verbal & Non-Verbal Reasoning by R.S. Aggarwal

Covers

- Logical Reasoning
- Analytical Reasoning
- Pattern Recognition
- Spatial Reasoning

Benefits

- Extensive practice questions
- Detailed explanations
- AFCAT-relevant concepts

Analytical Reasoning by M.K. Pandey

Recommended for candidates seeking advanced reasoning preparation.

Best Online Study Materials for AFCAT Preparation

Today’s AFCAT aspirants increasingly use digital resources.

Recommended Resources

- Online mock test platforms
- Current affairs apps
- Defence examination portals
- Video lectures
- Online practice quizzes

These resources complement traditional books and improve preparation efficiency.

Victor Growth

Importance of Mock Tests and Test Series

No AFCAT preparation is complete without mock tests.

Experts recommend:

Weekly Sectional Tests

Focus on:

- English
- Reasoning
- Numerical Ability
- General Awareness

Full-Length Mock Tests

Benefits include:

- Time management
- Exam temperament
- Performance analysis
- Accuracy improvement

The **best AFCAT coaching in Kerala** usually provides a structured mock test series to help students evaluate their readiness.

Study Materials Provided by Professional AFCAT Coaching Institutes

Many coaching institutes offer exclusive study materials that include:

Printed Notes

- Simplified concepts
- Exam-oriented explanations
- Quick revision points

Question Banks

- Topic-wise practice sets
- Difficulty-based exercises

Current Affairs Compilations

- Monthly updates
- Defence news summaries
- Important national and international events

Victor Growth

Mock Test Series

- AFCAT pattern tests
- Detailed performance reports

These resources save preparation time and provide targeted learning.

Ideal Book Combination Recommended by AFCAT Experts

For effective preparation, experts recommend the following combination:

English

- Objective General English – S.P. Bakshi
- Word Power Made Easy – Norman Lewis
- Wren & Martin

General Awareness

- Lucent’s General Knowledge
- Manorama Yearbook
- NCERT Books

Numerical Ability

- R.S. Aggarwal Quantitative Aptitude
- Rajesh Verma Arithmetic

Reasoning

- R.S. Aggarwal Reasoning
- M.K. Pandey Analytical Reasoning

AFCAT-Specific Preparation

- Arihant AFCAT Guide
- Previous Year AFCAT Papers
- Coaching Institute Test Series

Tips for Using AFCAT Books Effectively

Create a Study Plan

Allocate time for each subject daily.

Avoid Too Many Resources

Victor Growth

Stick to selected books.

Revise Regularly

Revision is more important than collecting books.

Solve Mock Tests

Practice under exam conditions.

Analyze Mistakes

Focus on improving weak areas.

Update Current Affairs Daily

Consistency is essential.

Victor Growth

Conclusion

Selecting the right books and study materials is one of the most important decisions an AFCAT aspirant can make. Quality resources combined with disciplined preparation can significantly improve performance in the examination.

Candidates preparing under the guidance of the **best AFCAT coaching in Kerala** benefit from expert recommendations, structured study materials, mock tests, and strategic preparation techniques that maximize their chances of success.

By choosing the right books, maintaining consistency, and regularly practicing mock tests, aspiring Air Force officers can confidently move closer to achieving their dream of serving the nation through the Indian Air Force.

Frequently Asked Questions (FAQs)

1. Which is the best book for AFCAT preparation?

Arihant AFCAT Guide is considered one of the most comprehensive books for AFCAT preparation.

2. Is Lucent GK sufficient for AFCAT General Awareness?

Lucent GK is excellent for static GK, but it should be supplemented with current affairs preparation.

3. Which newspaper is best for AFCAT current affairs?

The Hindu and Indian Express are highly recommended for AFCAT aspirants.

4. How important are previous year AFCAT papers?

They are extremely important for understanding exam patterns and frequently asked topics.

5. Which book is best for AFCAT English preparation?

Objective General English by S.P. Bakshi is one of the most recommended books.

6. Is R.S. Aggarwal enough for AFCAT Numerical Ability?

Yes, it covers most of the quantitative aptitude topics required for AFCAT.

7. How many books should I use for AFCAT preparation?

It is advisable to use a limited number of high-quality books and revise them multiple times.

8. Are online mock tests necessary for AFCAT?

Yes. Online mock tests help improve speed, accuracy, and exam temperament.

9. Do AFCAT coaching institutes provide study materials?

Most professional coaching institutes provide printed notes, current affairs compilations, mock tests, and question banks.

10. Why should I join the best AFCAT coaching in Kerala?

The best AFCAT coaching in Kerala offers expert guidance, structured study materials, performance analysis, mock tests, and AFSB preparation support, helping candidates improve their chances of success in both the written exam and the interview stages.

Victor Growth

Facebook

Instagram

Youtube