

# How to Cover Geography and Environment Topics for CAPF

## Introduction

The **CAPF AC Exam**, conducted by UPSC, is one of the most prestigious exams for Assistant Commandants. Among the subjects in **Paper I (General Ability & Intelligence)**, **Geography and Environment** hold significant weightage.

Questions come from both **static concepts** (NCERT Geography) and **dynamic issues** (climate change, biodiversity, policies). With proper preparation, aspirants can turn these subjects into **high-scoring areas**.

This article will guide you on how to cover **Geography and Environment topics for CAPF**, with effective tips and insights into how **Victor Growth Coaching** helps aspirants.

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## Importance of Geography & Environment in CAPF

- **Weightage:** Around 20–25 questions in Paper I come from Geography and Environment combined.
- **Static + Dynamic Nature:** Requires conceptual clarity and awareness of current environmental issues.
- **Overlap:** Topics also help in **Current Affairs, Essay writing (Paper II), and Interview**.
- **Officer Relevance:** As a CAPF officer, awareness of **environmental challenges, natural disasters, and resource distribution** is essential.

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## Booklist for Geography & Environment (CAPF Exam)

- **NCERT Geography (Class 6–12)** – Must for basics.
- **Certificate Physical and Human Geography** – G.C. Leong.
- **Oxford Student Atlas** (India & World).
- **Environment by Shankar IAS Academy**.
- **Current Affairs Sources** – The Hindu, Indian Express, PIB, Down to Earth magazine.

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## Strategy to Cover Geography for CAPF

## 1. Physical Geography

- Landforms, rocks, volcanism, earthquakes, climatology, ocean currents.
- Practice **diagrams and maps** for better recall.

## 2. Indian Geography

- Physiography, rivers, monsoons, soils, agriculture, industries.
- Focus on **economic geography** like mineral distribution, energy resources.

## 3. World Geography

- Continents, oceans, important climatic regions, natural resources.
- Map-based practice → location of countries, seas, and key features.

## 4. Map Practice

- Daily **15-minute map practice** using an Atlas.
- Mark rivers, mountains, and important places from news.

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## Strategy to Cover Environment for CAPF

### 1. Ecology & Basics

- Ecosystem, food chain, energy flow, biomes.
- Biodiversity concepts and hotspots in India.

### 2. Environmental Issues

- Climate change, pollution, waste management, renewable energy.
- Environmental movements and NGOs in India.

### 3. National & International Policies

- Environment Protection Act, Wildlife Protection Act, Forest Rights Act.
- International treaties: Kyoto Protocol, Paris Agreement, COP summits.

## 4. Current Affairs in Environment

- Focus on government schemes (e.g., NAMAMI Gange, National Solar Mission).
- Regularly update with latest reports (IPCC, UNEP).

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## Practical Tips for Geography & Environment Preparation

1. **Integrate Static + Current Affairs** → e.g., Read about monsoons + IMD's latest report.
2. **Revise NCERTs multiple times** → They form the backbone of GS preparation.
3. **Use Diagrams & Maps** → Visual memory improves accuracy.
4. **Make Short Notes** → For treaties, environmental acts, and hotspots.
5. **Practice PYQs** → Many CAPF questions are repeated with slight changes.
6. **Take Mock Tests** → To improve speed and application of concepts.

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## How Victor Growth Coaching Helps in Geography & Environment Preparation

At **Victor Growth Coaching**, we provide targeted support for these subjects:

- ☐ **Structured Classes** → Covering NCERTs, G.C. Leong, and Shankar IAS systematically.
- ☐ **Map-Based Learning** → Daily practice of Indian and World maps.
- ☐ **Current Affairs Integration** → Linking Geography & Environment with daily news.
- ☐ **Exclusive Notes** → Concise summaries of environmental acts and treaties.
- ☐ **Mock Tests & Quizzes** → To strengthen conceptual clarity and application.
- ☐ **Essay Training** → Topics like climate change, disaster management, and resource security.
- ☐ **Affordable Fee Structure** → Making quality coaching accessible to all aspirants.

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## SEO Keywords

- CAPF Geography preparation strategy
- Environment preparation tips for CAPF exam
- Best book for Geography & Environment CAPF
- CAPF 2026 exam preparation

- Victor Growth CAPF coaching

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## FAQs on Geography & Environment for CAPF

### Q1. How many questions are asked from Geography & Environment in CAPF?

Around 20–25 questions combined, making it highly important.

### Q2. Which NCERTs are most important for Geography?

Class 9–12 NCERTs, especially *Fundamentals of Physical Geography* and *India: Physical Environment*.

### Q3. Is G.C. Leong necessary for CAPF?

Yes. It helps in Physical and World Geography concepts.

### Q4. How should I prepare Environment?

Cover basics from **Shankar IAS book** + update with current affairs and government schemes.

### Q5. How much time should I dedicate daily to Geography & Environment?

1.5–2 hours daily with weekly map practice.

### Q6. Does Victor Growth provide notes for Environment?

Yes. Victor Growth offers **concise notes on ecology, policies, and treaties**.

### Q7. Are diagrams and maps important for CAPF Geography?

Yes. Map-based questions are common, and diagrams aid better retention.

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