# HOW TO PREPARE FOR NDA 2026 ALONG WITH SCHOOL/COLLEGE

Victor Growth

Preparing for the **NDA 2026 exam** while managing **school or college studies** may seem difficult, but thousands of successful candidates have proved that it is absolutely possible with the **right strategy, discipline, and smart planning**.

This article provides a **comprehensive, practical, and SEO-optimised guide** on **how to prepare for NDA 2026 along with school/college**, covering **time management, daily routine, subject strategy, common mistakes, and FAQs**.

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## Why NDA Preparation Along with School/College is an Advantage

- NDA syllabus is based on **Class 9–12 NCERT**
- School subjects support **Maths, Science, English & GK**
- Early preparation reduces pressure after Class 12
- Better personality development for **SSB interview**

*If planned properly, school/college becomes your strength, not a hurdle.*

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## Understand NDA 2026 Exam Structure (Quick Recap)

| Paper | Subject | Marks |
|---|---|---|
| Paper I | Mathematics | 300 |
| Paper II | GAT (English + GK) | 600 |
| **Written Exam** | — | **900** |
| **SSB Interview** | Personality Test | **900** |

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## Step 1: Align NDA Syllabus with School/College Subjects

One of the biggest mistakes students make is studying NDA and academics **separately**.

### Subject-Wise Alignment

| School/College Subject | Helps in NDA |
|---|---|
| Mathematics | NDA Maths |
| Physics/Chemistry | NDA GK (Science) |
| History/Geography | NDA GK |
| English | NDA English |

✔ *Study once, benefit twice.*

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# Step 2: Create a Realistic Daily Study Routine

## Ideal Daily Schedule (School/College Students)

| Time | Activity |
|---|---|
| Morning (30 min) | NDA Maths practice |
| School/College Hours | Focus on concepts |
| Evening (60–90 min) | NDA GAT (English + GK) |
| Night (20 min) | Revision / Current Affairs |

 *2–3 hours daily for NDA is enough if done consistently.*

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# Step 3: Subject-Wise NDA Preparation Strategy

## NDA Maths (Daily 45–60 Minutes)

- Focus on NCERT concepts
- Revise formulas regularly
- Practice topic-wise questions
- Avoid guessing (negative marking)

 Target: **70–120 marks**

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## NDA GAT – English (30 Minutes Daily)

- Grammar practice
- Vocabulary building
- Reading newspapers
- Comprehension practice

 Target: **120–150 marks**

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## NDA GAT – GK (45–60 Minutes Daily)

- NCERT Science (Class 9–10)
- History, Geography & Polity
- Daily current affairs

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- Weekly revision

□□ Target**220–260 marks**

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## Step 4: Weekly & Monthly Planning

### Weekly Plan

- Revise school/college topics
- Take one NDA subject test
- Analyse mistakes

### Monthly Plan

- Full-length NDA mock test
- Improve speed & accuracy
- Track progress

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## Step 5: Smart Use of School Holidays & Weekends

- Solve previous year NDA papers
- Attempt mock tests
- Revise weak areas
- Improve physical fitness (running, push-ups)

□□*Fitness is crucial for SSB & medical tests.*

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## Step 6: NDA Preparation During Exams

During school/college exams:

- Focus mainly on academics
- Revise NDA formulas & notes
- Read current affairs briefly
- Resume full NDA prep after exams

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*Never stop completely.*

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## Step 7: SSB Preparation Along with Studies

- Improve communication skills
- Read newspapers
- Participate in debates & group activities
- Develop leadership qualities
- Maintain discipline & routine

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## Common Mistakes Students Must Avoid

 Ignoring school studies
 Studying NDA only before exam
 No revision strategy
 Poor time management
 Ignoring fitness & personality development

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## Why This Strategy Works

- Balanced academics + NDA prep
- No extra pressure
- Concept-based learning
- Ideal for **Class 11, 12 & college students**
- Builds long-term discipline

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# Frequently Asked Questions (FAQs)

### Q1. Can I prepare for NDA 2026 with Class 12 studies?

Yes. NDA syllabus overlaps heavily with Class 12 subjects.

### Q2. How many hours daily are enough for NDA with school?

**2–3 focused hours daily** are sufficient.

### Q3. Is coaching necessary for NDA preparation?

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No. Self-study with NCERT and practice is enough.

### Q4. When should I start NDA preparation?

Ideally from **Class 11**, but Class 12 students can also start.

### Q5. Can college students prepare for NDA?

Yes, many college students clear NDA with proper planning.

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## Conclusion

Preparing for **NDA 2026 along with school or college** is not about studying harder—it's about **studying smarter**. With proper time management, syllabus integration, and consistent effort, you can **excel in academics and crack NDA simultaneously** □□□□.

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