# Jhumoir Binandini Dance: A Traditional Folk Dance of Assam

#### Introduction

Jhumoir Binandini, also known as Jhumur, is a vibrant and traditional folk dance performed by the Adivasi tea tribes of Assam. Deeply rooted in the cultural fabric of the region, this dance is an expression of joy and celebration, particularly during the harvest season. The rhythmic beats, colorful attire, and lively performances make Jhumoir Binandini a significant aspect of Assam's cultural heritage.

#### **Origins and Significance**

Jhumoir Binandini Dance is performed on various festive occasions, including:

- Harvest Festivals: A time of joy when farmers celebrate the fruits of their labor.
- Weddings: Marking the beginning of a new journey for couples.
- Community Gatherings: Strengthening bonds among the Adivasi tea tribes.

The dance embodies the spirit of inclusivity, unity, and cultural pride. It symbolizes Assam's rich syncretic traditions and serves as a means of social bonding and cultural expression.

# **Performance and Attire Dance Formation and Movements**

- The dance is performed in a **circular formation**, where participants hold each other's waists.
- It features **graceful**, **rhythmic footwork** and **swaying body movements** that synchronize with the beats of traditional instruments.
- The energy and enthusiasm of the dancers make it a captivating visual spectacle.

#### **Traditional Attire**

• **Women**: Wear colorful sarees, often in red and green hues, reflecting festivity and cultural vibrancy.

• **Men**: Dress in traditional dhotis and kurtas, enhancing the aesthetic appeal of the performance.

#### **Musical Accompaniment**

The dance is accompanied by traditional instruments that add rhythm and depth to the performance. These include:

- Madal: A two-headed drum that provides the primary beat.
- **Dhol**: A popular drum used in Assamese folk music.
- **Taal**: Cymbals that maintain the tempo.
- Flute: Adds a melodic touch to the ensemble.

### **Cultural and Social Impact**

Jhumoir Binandini is more than just a dance; it is a representation of the socio-cultural identity of the Adivasi tea tribes. It:

- Promotes cultural preservation by passing traditions from one generation to another.
- Strengthens communal ties by bringing people together in joyous celebration.
- Highlights Assam's diverse and inclusive cultural landscape.

## **Jhumoir Binandini Dance FAQs**

Q1: What is Taal?

**Ans**: Taal refers to the rhythmic beat or strike used to measure musical time in Indian classical music. It is typically established through hand clapping (tali) and waving (khali).

#### Q2: Who are called tribes?

**Ans**: Tribes are groups of people who share a common culture, language, or history. They often have a common ancestor and live within their own closed societies, preserving their unique traditions and customs.

### **Conclusion**

Jhumoir Binandini is a mesmerizing folk dance that beautifully showcases the cultural richness of Assam's Adivasi tea tribes. With its rhythmic movements, traditional music, and vibrant attire, it continues to be an integral part of Assam's heritage, keeping the spirit of unity and festivity alive for generations to come.

By embracing and celebrating Jhumoir Binandini, we honor the cultural diversity and artistic expressions that make India's folk traditions truly exceptional.

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