Most Expected Questions in History for CAPF 2026

Introduction

The CAPF AC Exam, conducted by UPSC, has a vast syllabus under General Studies (Paper I). Among all subjects, History plays a crucial role as it contributes around 15-20 questions every year.

History questions in CAPF test both **factual knowledge** and **analytical understanding** of Ancient, Medieval, and Modern India. Since Modern History dominates the question paper, mastering it is essential for aspirants.

This article lists the **most expected questions in History for CAPF 2026**, along with preparation strategies and how **Victor Growth Coaching** helps aspirants.

Weightage of History in CAPF Exam

• Ancient History: 3-5 questions

• Medieval History: 2-3 questions

• Modern History: 10-12 questions

• Art & Culture: 2-3 questions

☐ Clearly **Modern History** and **Freedom Struggle** are the most important for CAPF 2026.

Most Expected Areas in History for CAPF 2026

Ancient India

- Indus Valley Civilization: town planning, seals, trade.
- Vedic Age: polity, economy, and religion.
- Buddhism & Jainism: teachings, councils, spread.
- Mauryan Empire: Ashoka's Dhamma, administration.
- Gupta Age: golden period, science, art, and culture.

Medieval India

- Delhi Sultanate: Slave, Khilji, Tughlaq, and Lodhi dynasties.
- Bhakti and Sufi movements: teachings, saints, and impact.
- Mughal Empire: Akbar's policies, administration, architecture.
- Maratha power: Shivaji and administration.

Modern India (Most Important)

- Advent of Europeans: Portuguese, Dutch, French, British.
- British Policies: land revenue systems, economic impact.
- Revolt of 1857: causes, leaders, impact.
- Social & Religious Reform Movements: Brahmo Samaj, Arya Samaj, Aligarh Movement.
- National Movement:
 - INC formation & Moderate phase.
 - Extremists & Partition of Bengal.
 - · Gandhian Era: Non-Cooperation, Civil Disobedience, Quit India.
 - Indian National Army (INA) and Subhash Chandra Bose.
- Constitutional Developments: 1909, 1919, 1935 Acts.

Indian Art & Culture

- UNESCO Heritage Sites in India.
- Classical Dances, Music, and Paintings.
- Temple architecture styles (Nagara, Dravidian, Vesara).
- Literature and major cultural contributions.

Most Expected History Questions for CAPF 2026

Ancient India

1. Discuss the salient features of the Indus Valley Civilization.

- 2. Compare the teachings of Buddhism and Jainism.
- 3. Explain Ashoka's Dhamma and its significance.

Medieval India

- 4. Evaluate the role of Bhakti and Sufi saints in Indian society.
- 5. Discuss Akbar's religious policies.
- 6. Assess Shivaji's administration and Maratha power.

Modern India

- 7. Analyze the causes and consequences of the Revolt of 1857.
- 8. Examine the role of Moderates vs Extremists in the National Movement.
- 9. Discuss the significance of the Non-Cooperation Movement.
- 10. Explain the contribution of Subhash Chandra Bose and INA to India's freedom struggle.
- 11. What were the main provisions of the Government of India Act, 1935?
- 12. Trace the economic impact of British policies on Indian agriculture and industry.

Art & Culture

- 13. Explain the features of Nagara and Dravidian architecture.
- 14. List UNESCO world heritage cultural sites in India.
- 15. Discuss the importance of Bhakti literature in Indian history.

Tips to Prepare History for CAPF 2026

- NCERTs (Class 6-12) → Build conceptual clarity.
- **Spectrum Modern India** → Must for Modern History.
- Make chronological timelines for easy recall.
- Revise freedom struggle events multiple times.

- Practice previous year CAPF History questions.
- Attempt weekly History quizzes.

How Victor Growth Coaching Helps in History Preparation

At **Victor Growth Coaching**, we make History preparation simple and effective:

plete Coverage of Ancient, Medieval, and Modern India.	
cial Focus on Modern History & Freedom Struggle (most weightage).	
cise Notes & Timelines for quick revision.	
ekly History Quizzes & Mock Tests.	
rent Affairs Integration (linking history with anniversaries, heritage news).	
ay Writing Training for history-related topics.	
ordable Fee Structure for quality preparation.	

SEO Keywords

- Most expected History questions CAPF 2026
- CAPF History preparation tips
- Modern History CAPF exam
- Best CAPF coaching Kerala
- Victor Growth CAPF coaching

FAQs on History Preparation for CAPF

Q1. How many History questions are asked in CAPF? Around **15-20** questions, with Modern History dominating.

Q2. Which book is best for Modern History in CAPF? Spectrum - A Brief History of Modern India.

Q3. Do I need to study Ancient and Medieval History in detail? Yes, at least the basics. They contribute 5-6 questions.

Q4. Are NCERTs necessary for CAPF History?

Yes. NCERTs form the base for Ancient, Medieval, and Culture.

Q5. How should I revise History before the exam? Revise timelines, events, and leaders, and practice PYQs.

Q6. Does Victor Growth provide History notes?

Yes. Victor Growth offers NCERT-based notes, Spectrum summaries, and practice

tests.

Q7. Which part of History should I prioritize?

Modern India and the Freedom Struggle, as they carry maximum weight.

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