

# NDA 2026 6-Month Study Plan (Daily & Weekly Timetable) - Complete Roadmap to Success

If you have **6 months to prepare for NDA 2026**, you have **enough time to clear the written exam confidently**—provided you follow a **disciplined, realistic, and well-structured study plan**. This guide presents a **comprehensive, SEO-optimised NDA 2026 6-month study plan**, including **daily routine, weekly timetable, subject-wise targets, revision strategy, and FAQs**.

## NDA 2026 Exam Snapshot (Quick Recap)

Paper	Subject	Marks	Time
Paper I	Mathematics	300	2.5 hrs
Paper II	GAT (English + GK)	600	2.5 hrs
<b>Written Total</b>	—	<b>900</b>	—

Negative marking applies in both papers.

## How to Use This 6-Month NDA Study Plan

- Study **3-4 hours daily** (school/college students: 2.5–3 hrs)
- Follow **daily + weekly targets**
- Revise regularly
- Attempt mock tests from Month 3 onwards

## Month-Wise NDA 2026 Study Plan

### Month 1: Build Strong Foundations

#### Goals

- Understand full NDA syllabus
- Strengthen Maths & English basics
- Start static GK

#### Maths

- Algebra (sets, quadratic equations, sequences)
- Trigonometry basics

## **GAT**

- English: Parts of speech, tenses
- GK: Physics (motion, energy), History basics

## **Weekly Targets**

- Complete 2 Maths chapters
- Revise grammar rules
- 1 sectional test (Maths or English)

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## **Month 2: Complete Core Syllabus**

### **Maths**

- Matrices & Determinants
- Coordinate Geometry

### **GAT**

- English: Error spotting, sentence improvement
- GK: Chemistry + Geography

### **Practice**

- Topic-wise MCQs
- Start current affairs (daily 15 min)

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## **Month 3: Advanced Topics + Practice**

### **Maths**

- Differential Calculus

- Integral Calculus

## **GAT**

- Polity & General Science
- English comprehension practice

## **Testing**

- 1 full Maths test per week
- 1 GAT sectional test

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## **Month 4: Syllabus Completion + Revision**

### **Maths**

- Vectors, Probability & Statistics
- Revise all formulas

## **GAT**

- Static GK revision
- Current affairs (last 4-5 months)

### **Mock Tests**

- 1 full-length NDA mock test every week

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## **Month 5: Full-Length Tests & Accuracy Improvement**

### **Focus Areas**

- Speed & accuracy
- Weak topic improvement
- Error analysis

## Tests

- 2 full-length NDA mocks per week
- Daily revision

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## Month 6: Final Revision & Exam Readiness

### Last Month Strategy

- Revise formulas & short notes
- Practice previous year papers
- Avoid learning new topics
- Stay calm & confident

### Tests

- 2-3 mocks per week
- Light study in final week

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## Daily NDA Study Timetable (3-4 Hours)

Time	Activity
45 min	Mathematics
60 min	GK (Static + Current Affairs)
30 min	English
30 min	Practice / Mock / Revision
15 min	Formula & notes revision

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## Weekly Timetable (Sample)

Day	Focus
Monday-Friday	New topics + practice
Saturday	Revision + mock test
Sunday	Error analysis + light study

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## Smart Revision Strategy

- Daily: Formula & vocabulary
- Weekly: Topic revision

- Monthly: Full syllabus revision

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## Physical Fitness & SSB Preparation (Parallel)

- Running (2-3 km daily)
- Push-ups, sit-ups, skipping
- Read newspapers
- Improve communication skills

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## Common Mistakes to Avoid

- Skipping revision
- Ignoring Maths cut-off
- Overloading daily schedule
- Not analysing mock tests
- Studying without consistency

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## Expected Score Target

Section	Safe Score
Maths	80-120
GAT	350-400
<b>Total</b>	<b>450+</b>

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## Why This 6-Month NDA Study Plan Works

- Balanced subject coverage
- Designed for beginners & average students
- Time-tested structure
- Suitable for school/college students
- Focuses on consistency & revision

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## Frequently Asked Questions (FAQs)

### Q1. Is 6 months enough to crack NDA 2026?

Yes, with **consistent study and proper planning**, 6 months is sufficient.

## **Q2. How many hours should I study daily for NDA?**

3-4 hours daily (2.5-3 hrs for school/college students).

## **Q3. When should I start mock tests?**

From **Month 3 onwards**, start sectional and full-length tests.

## **Q4. Can I crack NDA without coaching in 6 months?**

Yes, self-study with NCERT and regular practice is enough.

## **Q5. How much current affairs should I prepare?**

At least **6-8 months** before the exam.

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## **Conclusion**

This **NDA 2026 6-month study plan with daily and weekly timetable** gives you a **clear roadmap** from basics to final revision. Follow it with discipline, revise consistently, and believe in yourself—the NDA uniform is within reach ☺☺☺.

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