

NDA 2026 6-Month Study Plan (Daily & Weekly Timetable) - Complete Roadmap to Success

If you have **6 months to prepare for NDA 2026**, you have **enough time to clear the written exam confidently**—provided you follow a **disciplined, realistic, and well-structured study plan**. This guide presents a **comprehensive, SEO-optimised NDA 2026 6-month study plan**, including **daily routine, weekly timetable, subject-wise targets, revision strategy, and FAQs**.

NDA 2026 Exam Snapshot (Quick Recap)

Paper	Subject	Marks	Time
Paper I	Mathematics	300	2.5 hrs
Paper II	GAT (English + GK)	600	2.5 hrs
Written Total	—	900	—

Negative marking applies in both papers.

How to Use This 6-Month NDA Study Plan

- Study **3-4 hours daily** (school/college students: 2.5-3 hrs)
- Follow **daily + weekly targets**
- Revise regularly
- Attempt mock tests from Month 3 onwards

Month-Wise NDA 2026 Study Plan

Month 1: Build Strong Foundations

Goals

- Understand full NDA syllabus
- Strengthen Maths & English basics
- Start static GK

Maths

- Algebra (sets, quadratic equations, sequences)
- Trigonometry basics

GAT

- English: Parts of speech, tenses
- GK: Physics (motion, energy), History basics

Weekly Targets

- Complete 2 Maths chapters
- Revise grammar rules
- 1 sectional test (Maths or English)

Month 2: Complete Core Syllabus

Maths

- Matrices & Determinants
- Coordinate Geometry

GAT

- English: Error spotting, sentence improvement
- GK: Chemistry + Geography

Practice

- Topic-wise MCQs
- Start current affairs (daily 15 min)

Month 3: Advanced Topics + Practice

Maths

- Differential Calculus

- Integral Calculus

GAT

- Polity & General Science
- English comprehension practice

Testing

- 1 full Maths test per week
- 1 GAT sectional test

Month 4: Syllabus Completion + Revision

Maths

- Vectors, Probability & Statistics
- Revise all formulas

GAT

- Static GK revision
- Current affairs (last 4-5 months)

Mock Tests

- 1 full-length NDA mock test every week

Month 5: Full-Length Tests & Accuracy Improvement

Focus Areas

- Speed & accuracy
- Weak topic improvement
- Error analysis

Tests

- 2 full-length NDA mocks per week
- Daily revision

Month 6: Final Revision & Exam Readiness

Last Month Strategy

- Revise formulas & short notes
- Practice previous year papers
- Avoid learning new topics
- Stay calm & confident

Tests

- 2-3 mocks per week
- Light study in final week

Daily NDA Study Timetable (3-4 Hours)

Time	Activity
45 min	Mathematics
60 min	GK (Static + Current Affairs)
30 min	English
30 min	Practice / Mock / Revision
15 min	Formula & notes revision

Weekly Timetable (Sample)

Day	Focus
Monday-Friday	New topics + practice
Saturday	Revision + mock test
Sunday	Error analysis + light study

Smart Revision Strategy

- Daily: Formula & vocabulary
- Weekly: Topic revision

- Monthly: Full syllabus revision

Physical Fitness & SSB Preparation (Parallel)

- Running (2–3 km daily)
- Push-ups, sit-ups, skipping
- Read newspapers
- Improve communication skills

Common Mistakes to Avoid

- ☐ Skipping revision
- ☐ Ignoring Maths cut-off
- ☐ Overloading daily schedule
- ☐ Not analysing mock tests
- ☐ Studying without consistency

Expected Score Target

Section	Safe Score
Maths	80–120
GAT	350–400
Total	450+

Why This 6-Month NDA Study Plan Works

- Balanced subject coverage
- Designed for beginners & average students
- Time-tested structure
- Suitable for school/college students
- Focuses on consistency & revision

Frequently Asked Questions (FAQs)

Q1. Is 6 months enough to crack NDA 2026?

Yes, with **consistent study and proper planning**, 6 months is sufficient.

Q2. How many hours should I study daily for NDA?

3–4 hours daily (2.5–3 hrs for school/college students).

Q3. When should I start mock tests?

From **Month 3 onwards**, start sectional and full-length tests.

Q4. Can I crack NDA without coaching in 6 months?

Yes, self-study with NCERT and regular practice is enough.

Q5. How much current affairs should I prepare?

At least **6–8 months** before the exam.

Conclusion

This **NDA 2026 6-month study plan with daily and weekly timetable** gives you a **clear roadmap** from basics to final revision. Follow it with discipline, revise consistently, and believe in yourself—the NDA uniform is within reach ☐☐☐.

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