

NDA April 2026 Exam: Eligibility, Age Limit, and Application Process Explained

Introduction

The **National Defence Academy (NDA) Exam** is conducted by the Union Public Service Commission (UPSC) twice a year, offering young aspirants the opportunity to join the **Indian Army, Navy, and Air Force**. The upcoming **NDA April 2026 Exam (NDA I 2026)** will be one of the most important chances for candidates aspiring to serve the nation in uniform.

However, before applying, it is crucial to understand the **eligibility criteria, age limit, and step-by-step application process**. This ensures aspirants don't miss out due to technical mistakes. In this guide, we explain everything clearly and also show how **Victor Growth**, one of India's trusted defence coaching institutes, helps students prepare for NDA success.

□ NDA April 2026 Eligibility Criteria

The UPSC has set specific eligibility rules for NDA aspirants. Candidates must ensure they meet the following:

1. Nationality

A candidate must be:

- A citizen of India, OR
- A subject of Nepal, OR
- A person of Indian origin who has migrated from Pakistan, Burma, Sri Lanka, or East African countries (Kenya, Uganda, Tanzania, Zambia, Malawi, Zaire, Ethiopia, or Vietnam) with the intention of permanently settling in India.

2. Age Limit

- Candidates must be born **between 2nd July 2007 and 1st July 2010** (both dates inclusive).
- Age relaxation is **not applicable** for NDA.
- Only **unmarried male and female candidates** can apply.

☐☐ This makes NDA April 2026 open for students aged **16.5 to 19.5 years** at the time of joining.

3. Educational Qualification

- **For Army Wing of NDA:** Must have passed **Class 12 (10+2)** from a recognized board.
- **For Air Force and Naval Wings of NDA & Naval Academy (10+2 Cadet Entry Scheme):** Must have passed **Class 12 with Physics, Chemistry, and Mathematics**.
- Candidates appearing in **Class 12 Board Exams in 2026** are also eligible.

4. Physical Fitness Standards

Candidates must be physically fit as per the prescribed military standards:

- Proper BMI, height, weight ratio.
- No chronic diseases, deformities, or disabilities.
- Vision standards: 6/6 in one eye, 6/9 in the other (correctable with glasses).
- No tattoos (except permitted ones as per defence rules).

☐☐ At **Victor Growth**, students not only get academic training but also **fitness guidance and mock medical checkups** to ensure they meet NDA standards.

☐☐ NDA April 2026 Application Process Explained

The NDA April 2026 exam application process is entirely **online** through the UPSC website. Follow these steps carefully:

Step 1: Visit UPSC Website

- Go to www.upsc.gov.in.
- Find the **“NDA & NA I 2026 Examination”** link.

Step 2: Registration – Part I

- Fill in personal details (name, DOB, father’s name, mother’s name, etc.).
- Select **preferred examination centre**.

- Verify details carefully before submission.

Step 3: Registration - Part II

- Upload scanned photograph, signature, and ID proof.
- Pay the application fee (₹100 for General/OBC, exempted for SC/ST and female candidates).
- Choose preferred branches (Army, Navy, Air Force).

Step 4: Submit and Print

- After submission, download the **application form and fee receipt**.
- Keep a copy safe for future reference.

☐☐ Candidates should apply **well before the deadline** to avoid last-minute technical issues.

☐☐ Important NDA April 2026 Exam Dates (Tentative)

- **Notification Release:** December 2025
- **Application Start Date:** December 2025
- **Application Last Date:** January 2026
- **Admit Card Release:** March 2026
- **Exam Date:** April 2026
- **Result Declaration:** May 2026

☐☐ How Victor Growth Helps NDA Aspirants

Clearing the NDA exam is about **strategy, discipline, and consistent preparation**. At **Victor Growth**, we provide:

- ☐☐ **Structured NDA coaching programs** covering Maths, English, and GAT.
- ☐☐ **Regular mock tests & past year paper practice** aligned with UPSC standards.
- ☐☐ **Current affairs capsules & GK enrichment sessions**.

- **Physical fitness training and personality development.**
- **SSB interview guidance** to ensure aspirants are ready beyond the written exam.

With our holistic approach, aspirants don't just crack the exam—they transform into **future officers**.

FAQs on NDA April 2026 Eligibility and Application

Q1. Can girls apply for NDA April 2026?

Yes, both **unmarried male and female candidates** can apply for NDA April 2026.

Q2. What is the NDA April 2026 age limit?

Candidates must be **between 16.5 to 19.5 years**, born between **2nd July 2007 and 1st July 2010**.

Q3. Can I apply for NDA April 2026 while in Class 12?

Yes, students appearing for **Class 12 in 2026** are eligible.

Q4. What is the application fee for NDA April 2026?

₹100 for General/OBC candidates. **SC/ST and female candidates are exempted.**

Q5. Does Victor Growth provide NDA + SSB training together?

Yes! Victor Growth offers **complete guidance from written exam preparation to SSB interview training**.

□ If you dream of wearing the **Indian Armed Forces uniform**, the **NDA April 2026 Exam** is your gateway. Ensure you meet the eligibility, apply on time, and most importantly, prepare with the right guidance.

With **Victor Growth's expert coaching**, aspirants can confidently face the NDA exam and step closer to their dream of becoming a defence officer.

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