

NDA Exam Coaching for April 2026 - A Complete Guide for Aspirants

The **National Defence Academy (NDA) Exam** is one of the most prestigious competitive exams in India. Conducted twice a year by the Union Public Service Commission (UPSC), it opens the gateway for young aspirants to join the **Indian Army, Navy, and Air Force** as officers. With the **NDA (I) 2026 exam scheduled for April 2026**, this is the right time to begin structured preparation.

If you are a student aiming to crack the **NDA April 2026 exam**, the right coaching and guidance can make all the difference. This article provides a **comprehensive guide on NDA exam coaching**, preparation strategies, syllabus breakdown, and answers to frequently asked questions.

Why Choose NDA Coaching for April 2026?

While self-study is important, NDA coaching provides:

- **Expert Faculty Guidance** – Learn directly from retired defence officers and UPSC/SSB experts.
- **Structured Study Plan** – Covers **Mathematics, General Ability Test (GAT), English, and SSB training**.
- **Time Management** – Balanced preparation for NDA along with school/college studies.
- **Mock Tests & Practice Papers** – Regular tests based on UPSC standards to improve accuracy and speed.
- **SSB Interview Training** – Specialized coaching for **PP&DT, WAT, SRT, GTO tasks, and personal interviews**.
- **Personality Development** – Leadership skills, communication, and confidence building.

NDA Exam 2026: Key Details

- **Exam Name:** National Defence Academy & Naval Academy Examination (NDA)
- **Conducting Body:** Union Public Service Commission (UPSC)
- **NDA I 2026 Exam Date:** **April 2026** (exact date to be announced by UPSC)
- **Eligibility:**

- Age: **16.5 to 19.5 years** (Candidates must be born between **2nd July 2007 and 1st July 2010** for NDA I 2026).
- Education:
 - For **Army Wing** – Passed/appearing in Class 12th.
 - For **Navy & Air Force Wing** – Passed/appearing in Class 12th with Physics & Mathematics.
- Gender: Both **male and female candidates** are eligible.
- Marital Status: **Unmarried**.

NDA 2026 Exam Pattern

The NDA written exam consists of two papers:

Paper	Subject	Duration	Marks
Paper I	Mathematics	2.5 hours	300
Paper II	General Ability Test (GAT)	2.5 hours	600
Total	–	5 hours	900

- **SSB Interview:** 900 Marks
- **Final Merit:** Based on **1800 Marks (Written + SSB)**

NDA 2026 Syllabus Breakdown

1. Mathematics (300 Marks)

- Algebra
- Trigonometry
- Differential Calculus
- Integral Calculus & Differential Equations
- Vector Algebra
- Statistics & Probability

2. General Ability Test (600 Marks)

- **English (200 Marks):** Grammar, Vocabulary, Comprehension, Usage.
 - **General Knowledge (400 Marks):**
 - Physics
 - Chemistry
 - General Science
 - History, Freedom Movement
 - Geography (World & India)
 - Current Affairs
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NDA April 2026 Coaching Strategy

1. Start Early

Begin at least **8-10 months before the exam** (from July–August 2025) for NDA I 2026.

2. Daily Study Schedule

- **Mathematics:** 2–3 hours (focus on NCERT + previous years' papers).
- **English:** 1 hour (reading comprehension, grammar, vocabulary practice).
- **General Knowledge:** 2 hours (NCERT books + current affairs newspapers like *The Hindu*).
- **Mock Tests:** Weekly practice for time management.

3. SSB Preparation

- Work on **communication, confidence, and leadership qualities**.
- Practice **Psychological Tests** (TAT, WAT, SRT).
- Attend **mock interviews and group tasks** under experienced SSB mentors.

4. Revision & Test Series

- Join a **dedicated NDA test series** for April 2026.
- Revise NCERT books multiple times.

- Focus on **concept clarity** rather than rote learning.

Why Victor Growth is the Best NDA Coaching in Kochi for April 2026

At **Victor Growth**, we have been shaping defence aspirants since **2010**, with **14+ years of expertise** in **NDA, CDS, AFCAT, and SSB coaching**.

- **Defence Mentors:** Learn from **retired Armed Forces officers** like Commodore Roy K George (Indian Navy), Col. Sumesh Antony (Indian Army), and Col. Vidur Nevrekar (SSB expert).
- **Comprehensive Preparation:** Covers **NDA written + SSB interview** with complete study materials.
- **Personal Mentorship:** Founder **S. Vijay Jagadeesh** personally guides students in **Polity, IR, and Geography**, while expert faculty handle Mathematics, Science, and Current Affairs.
- **Proven Results:** Hundreds of aspirants have been mentored for NDA, CDS, AFCAT, and UPSC exams.
- **Affordable Fee:** We provide quality coaching at an **affordable fee**.

If you're preparing for the **NDA April 2026 exam**, joining a reputed institute like **Victor Growth** in Kochi ensures you get **the right strategy, study material, and SSB guidance** to succeed.

FAQs on NDA Exam Coaching for April 2026

1. When is the NDA (I) 2026 exam scheduled?

The NDA (I) 2026 exam will be conducted by UPSC in **April 2026**. The exact date will be announced in the official notification.

2. Who can apply for NDA 2026?

Students aged **16.5 to 19.5 years**, who are **unmarried** and have passed/appeared in Class 12th, are eligible. For Air Force and Navy, **Physics & Mathematics** are compulsory.

3. How many stages are there in the NDA exam?

The NDA exam has **two stages**:

- **Written Examination (900 marks)**
- **SSB Interview (900 marks)**

4. Which coaching is best for NDA April 2026 in Kochi?

Victor Growth is one of the **best NDA coaching institutes in Kochi**, with **14+ years of expertise**, retired defence officers as mentors, complete study material, and personalized guidance.

5. When should I start NDA 2026 preparation?

Ideally, aspirants should start **at least 8-10 months before the exam**. For NDA I 2026 (April), starting in **July-August 2025** ensures enough time for syllabus coverage, practice, and revision.

6. Does NDA coaching also include SSB training?

Yes, reputed institutes like **Victor Growth** provide **comprehensive SSB interview training**, including **PPDT, TAT, WAT, SRT, GTO tasks, and mock interviews**.

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