

# NEET 2026: IMPORTANT DATES, SYLLABUS & STRATEGY - A COMPLETE GUIDE

If you're planning to appear for **NEET 2026**, it's crucial to stay ahead with all the essential information including **exam dates, detailed syllabus, preparation strategy**, and frequently asked questions. Whether you're in Class 11, Class 12, or taking a drop year, this guide is tailored to help you streamline your NEET journey effectively.

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## NEET 2026 IMPORTANT DATES (TENTATIVE)

Event	Date (Tentative)
NEET 2026 Notification Release	November 2025
Start of Online Application	December 2025
Last Date to Apply	January 2026
Correction Window Opens	February 2026
Admit Card Release	April 2026
NEET 2026 Exam Date	First or Second Sunday of May 2026
Answer Key and OMR Sheet Release	May or June 2026
NEET 2026 Result Declaration	June 2026
Counselling Begins	July 2026

*Note: Always refer to the official website of NTA NEET (<https://neet.nta.nic.in>) for accurate and updated dates.*

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## NEET 2026 SYLLABUS (SUBJECT-WISE)

The NEET syllabus is based on the NCERT curriculum of Classes 11 and 12. It covers Physics, Chemistry, and Biology.

### Biology Syllabus for NEET 2026

#### Class 11 Topics:

- Diversity of Living Organisms
- Structural Organisation in Animals and Plants
- Cell Structure and Function
- Plant Physiology
- Human Physiology

### **Class 12 Topics:**

- Reproduction
- Genetics and Evolution
- Biology and Human Welfare
- Biotechnology and Its Applications
- Ecology and Environment

## **Physics Syllabus for NEET 2026**

### **Class 11 Topics:**

- Physical World and Measurement
- Kinematics
- Laws of Motion
- Work, Energy and Power
- Thermodynamics
- Oscillations and Waves
- Properties of Bulk Matter

### **Class 12 Topics:**

- Electrostatics
- Current Electricity
- Magnetic Effects of Current and Magnetism
- Electromagnetic Induction
- Optics
- Dual Nature of Matter
- Atoms and Nuclei
- Electronic Devices

# Chemistry Syllabus for NEET 2026

## Class 11 Topics:

- Basic Concepts of Chemistry
- Structure of Atom
- Classification of Elements
- Chemical Bonding and Molecular Structure
- Thermodynamics
- Equilibrium
- Redox Reactions
- Hydrocarbons

## Class 12 Topics:

- Solid State
- Solutions
- Electrochemistry
- Chemical Kinetics
- Surface Chemistry
- Coordination Compounds
- Haloalkanes and Haloarenes
- Biomolecules
- Polymers
- Chemistry in Everyday Life

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## NEET 2026 PREPARATION STRATEGY

A smart and systematic strategy can boost your score significantly. Here's a month-wise approach:

## **1. Start Early (Class 11 or Before)**

- Understand NCERT thoroughly, especially Biology
- Create short notes and flashcards
- Develop a daily habit of studying all three subjects

## **2. Divide and Rule**

- Allocate equal time to all three subjects daily
- Prioritize Biology for high return (50 percent weightage)
- Practice Physics numericals and Chemistry reactions daily

## **3. Mock Tests and Previous Year Questions**

- Start solving previous year questions early
- Take weekly mock tests to evaluate your performance
- Use OMR sheets while practicing for real-time accuracy

## **4. Time Management**

- Make a monthly, weekly, and daily timetable
- Target at least 6 to 8 hours daily study time during peak months
- Include regular breaks and revision slots

## **5. Coaching and Resources**

- Use standard NEET books:
  - Biology: NCERT and MTG Objective
  - Chemistry: NCERT and OP Tandon or Modern ABC
  - Physics: NCERT, HC Verma, and D C Pandey
- Consider coaching (online or offline) for conceptual clarity

## 6. Revision and Notes

- Keep revising NCERT line by line
- Prepare sticky notes, diagrams, and charts
- Solve assertion-reason and statement-type questions

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## NEET 2026 EXAM PATTERN (EXPECTED)

Feature	Details
Mode of Exam	Offline (Pen and Paper Based)
Duration	3 hours 20 minutes
Total Questions	200 (180 to be attempted)
Total Marks	720
Subjects	Physics, Chemistry, Biology
Marking Scheme	Plus 4 for correct, minus 1 for incorrect

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## FREQUENTLY ASKED QUESTIONS (FAQ)

### Q1. What is the best time to start preparing for NEET 2026?

Ans: Ideally from Class 11 onwards. Early preparation ensures clarity and time for practice.

### Q2. Is NCERT enough for NEET 2026?

Ans: Yes, especially for Biology. But for Physics and Chemistry, additional practice from reference books is essential.

### Q3. How many hours should I study daily for NEET 2026?

Ans: On average, 6 to 8 hours per day is recommended, increasing gradually as the exam nears.

### Q4. Is coaching mandatory to crack NEET?

Ans: No, but it helps with discipline and expert guidance. Self-study with the right strategy can also lead to success.

### Q5. Will NEET 2026 syllabus change?

Ans: As of now, the syllabus is based on NCERT Class 11 and 12 curriculum. Any updates will be notified by NTA.

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## Conclusion

NEET 2026 is not just a test of knowledge but also of consistency, discipline, and smart preparation. Follow a structured plan, stay updated with official announcements, and most importantly — believe in yourself.

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