

SSB Interview Coaching at Victor Growth

Comprehensive 15-Day Training Program for NDA, CDS, AFCAT Aspirants

Victor Growth offers one of the most effective and personalized **SSB coaching programs in India**, specially designed for candidates preparing for NDA, CDS, AFCAT, and other direct SSB entries. With over 14 years of experience, our program ensures complete readiness for the five-day SSB selection process through practical exposure, expert mentoring, and personal guidance.

First Session is Free for All Aspirants – experience our training before you commit.

Our standard coaching duration is **10 days**, but we offer flexible extensions based on the individual needs of each student.

Complete SSB Interview Training at Victor Growth

Understanding the SSB Interview Process

We provide in-depth orientation on the structure of the SSB, the role of Officer Like Qualities (OLQs), and what the assessors expect across each stage of the process.

Day 1: Screening and Intelligence Tests

Officer Intelligence Rating (OIR) Test

Practice verbal and non-verbal reasoning questions under time constraints to improve your aptitude and reaction speed.

Picture Perception and Description Test (PPDT)

Training includes writing meaningful stories using our unique story-writing framework and performing well in group discussions.

Day 2: Psychological Testing

Thematic Apperception Test (TAT)

Develop effective stories reflecting leadership, initiative, and emotional maturity.

Word Association Test (WAT)

Build the ability to form crisp, clear, and positive thoughts quickly.

Situation Reaction Test (SRT)

Learn to approach real-life situations with logic, responsibility, and confidence.

Self Description Test (SDT)

Receive expert guidance on writing authentic, well-structured descriptions reflecting self-awareness and clarity.

Day 3: Group Testing - Phase I

Group Discussion (GD)

Daily group discussions improve articulation, teamwork, clarity of thought, and confidence.

Group Planning Exercise (GPE)

Practice solving map-based scenarios with strategic planning and team-based solutions.

Day 4: Group Testing - Phase II

Progressive Group Tasks (PGT)

Outdoor tasks designed to evaluate your problem-solving ability, group dynamics, and initiative.

Command Task

Simulated exercises that help you lead, instruct, and execute group tasks under observation.

Individual Obstacles

Training focuses on physical strength, stamina, and coordination to complete the obstacle course confidently.

Final Group Task (FGT)

Conclude the group testing with a task that showcases all your learned skills in teamwork and leadership.

Personal Interview Training

Our one-on-one interview sessions are tailored to reflect actual SSB interviews. We cover:

- Academic, personal, and current affairs questions

- Confidence building and body language
- Individual strength and weakness analysis
- Feedback sessions with video reviews

Day 5: Conference Preparation

Preparation for the final board interaction focuses on composure, summary of performance, and presenting your personality effectively.

Additional Modules

Communication Skills Training

Daily practice in spoken English, public speaking, and interview communication techniques.

Physical Fitness Sessions

Our fitness module includes daily routines, obstacle practice, and expert tips to enhance agility and endurance.

Mock SSB Rounds

We conduct full mock SSB rounds including all major activities to boost familiarity, confidence, and performance.

Why Victor Growth is the Best SSB Coaching Center

- 14+ Years of Training Excellence
 - Experienced Psychologists and Defence Mentors
 - One-on-One Feedback and Mentorship
 - Real-Time Practice for Each SSB Stage
 - Extended Training Option for Needy Candidates
 - Affordable Fees
 - **First Session is Absolutely Free**
 - Proven Success in NDA, CDS, AFCAT, and other SSB entries
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Frequently Asked Questions (FAQ) - SSB Coaching at Victor Growth

Is the first session really free?

Yes, the first session is completely free for all new aspirants to experience our coaching methodology.

What is the course duration?

The course lasts 10 days, with options for extension if needed.

Is physical training included in the course?

Yes, physical fitness and obstacle training are an integral part of our coaching.

Is this suitable for NDA and CDS aspirants?

Absolutely. The course is ideal for NDA, CDS, AFCAT, and other direct SSB entries.

Do you conduct mock interviews?

Yes, we offer detailed mock interviews with personal feedback and video analysis.

Is accommodation available?

Accommodation assistance is available upon request for outstation candidates.

Do you provide printed study material?

Yes, all essential materials and practice content are provided.

Where is Victor Growth located?

We are based in Kochi, Kerala.

How can I register?

Call us at **9995916183** or visit **www.victorgrowth.com** to register today.

Victor Growth - Prepare with Purpose, Perform with Confidence, Get Selected with Pride

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