Tips to Improve English Vocabulary for NDA-I 2026 Exam

Victor Growth

Introduction

The **NDA-I 2026 Exam** is not just a test of mathematics and general knowledge; English also carries **200 marks in the GAT paper**. A strong command of vocabulary is crucial for success in **reading comprehension, synonyms/antonyms, error spotting, and cloze tests**.

Improving vocabulary is not about memorizing thousands of words overnight. Instead, it requires **consistent, smart strategies** that blend reading, writing, and revision. In this article, we'll explore **practical tips to improve English vocabulary** and explain how **Victor Growth Coaching** helps NDA aspirants achieve fluency and accuracy.

Why Vocabulary is Important for NDA-I 2026

- **High Weightage in GAT:** Direct questions on synonyms, antonyms, and idioms.
- **Improves Comprehension:** Strong vocabulary helps you understand long passages quickly.
- **Boosts Grammar & Writing Skills:** Good word power helps in error detection and essay writing.
- **Helps in SSB Interview:** Strong vocabulary improves communication and confidence.

Practical Tips to Improve Vocabulary for NDA

1. Read Daily from Quality Sources

- Newspapers: *The Hindu*, *The Indian Express*.
- Magazines: *Competition Success Review*, *Pratiyogita Darpan*.
- Focus on **editorials** for advanced words in context.

□□ While reading, note down **5–10 new words daily**.

---

2. Maintain a Vocabulary Journal

- Write the **word, meaning, synonym, antonym, and one example sentence**.
- Revise the notebook every weekend.

- Use color codes (e.g., blue for synonyms, red for antonyms).

---

3. Learn Through Word Roots & Families

- Example: The root **“bio”** (life) → biology, biography, biodegradable.
- Learning by roots helps you understand many words at once.

---

4. Use Flashcards and Spaced Repetition

- Apps like **Anki** or **Quizlet** help review words regularly.
- Spaced repetition ensures you don’t forget old words while learning new ones.

---

5. Practice Synonyms & Antonyms Weekly

- Directly linked to NDA exam pattern.
- Make pairs (e.g., *benevolent – kind, malevolent – evil*).
- Practice quizzes to strengthen recall speed.

---

6. Apply Vocabulary in Daily Life

- Write short essays using new words.
- Practice speaking in English with friends or mentors.
- Replace simple words with advanced ones (e.g., *big → enormous*).

---

7. Revise with Mnemonics

- Use memory tricks: *Abhor* = “I abhor (hate) a boar”.
- Funny connections make words stick better.

---

8. Solve NDA Previous Year Papers

- Identify recurring vocabulary questions.
- Practice under exam conditions to boost speed.

Victor Growth

30-Day Vocabulary Booster Plan

- **Day 1–10:** Learn 15 words/day from editorials and revise daily.
- **Day 11–20:** Reduce to 10 new words/day, focus on revision.
- **Day 21–30:** Mix 5 new words/day + daily quizzes + mock tests.

□□ By the end of 30 days, you'll have mastered **200+ high-frequency words**.

How Victor Growth Coaching Helps in English Vocabulary

At **Victor Growth Coaching**, we provide NDA aspirants with:

□ **Exclusive Vocabulary Booklets** with NDA-focused words.
□ **Daily Vocabulary Practice in Class** through discussions and tests.
□ **Weekly English Quizzes & Mock Tests** to build exam accuracy.
□ **SSB Communication Training** to apply vocabulary naturally in interviews.
□ **Faculty Support & Doubt Sessions** to clarify tricky words.
□ **Affordable Fee Structure** so every aspirant can access quality coaching.

□□ With Victor Growth, aspirants not only **memorize words** but also **learn how to use them effectively in exams and interviews**.

SEO Keywords

- NDA-I 2026 English vocabulary tips
- How to improve vocabulary for NDA 2026
- Best NDA coaching for English
- NDA GAT English preparation 2026
- Victor Growth NDA coaching

FAQs on Vocabulary Preparation for NDA

Q1. How many words should I learn daily for NDA?
10–15 words daily is enough if you revise regularly.

Q2. Which books help improve NDA vocabulary?
Word Power Made Easy by Norman Lewis and *High School English Grammar & Composition* by Wren & Martin.

Q3. How important are synonyms and antonyms in NDA?
Very important. At least 10–15 questions in GAT come from this area.

Victor Growth

Q4. Can I improve vocabulary without reading newspapers?
Possible, but newspapers provide the **best contextual learning**, especially for current affairs-related words.

Q5. How long does it take to see improvement?
With daily practice, noticeable results appear in **6–8 weeks**.

Q6. Does Victor Growth provide vocabulary support?
Yes. Victor Growth gives **word lists, quizzes, flashcards, and interactive sessions** for vocabulary building.

Q7. Is vocabulary also useful in SSB?
Yes. Good vocabulary improves fluency, confidence, and clarity in group discussions and interviews.

Facebook

Instagram

Youtube

Victor Growth